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**Colour plates: *The Secret Visionary Autobiography* of the Fifth Dalai Lama (see pp. 54—65).**

**Front cover:**

The *cakra* for the separation of the guardian deities from the person they are protecting.  
A separate folio, 55×20 cm.

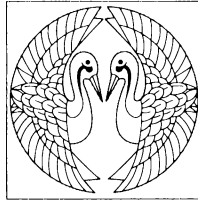
**Back cover:**

**Plate 1.** *Cakras* for summoning spirits of foes and for warding off evil spirits, as well as the articles used to perform the ritual for propitiating of the goddess lHa-mo. A separate folio, 55×20 cm.

**Plate 2.** The *cakra* for the suppression of the *dam-sri* spirits. A separate folio, 55×30 cm.

**Plate 3.** *Cakras* for calming illnesses and acquiring wealth, and the articles used to perform the corresponding ritual. A separate folio, 55×20 cm.

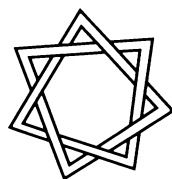
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## BOOK REVIEW

**Tsuguhito Takeuchi. *Old Tibetan Contracts from Central Asia*. Tokyo: Daizo Shuppan, 1995, 515 pp., with Plates of Tibetan and of Chinese texts (pp. 3—63).**

This work by Tsuguhito Takeuchi, Professor at the Kyoto University, is actually the first summary study of the Tibetan economic documents of the first half of the 9th century discovered by European expeditions in Chinese Turkestan and in Dunhuang at the end of the last century and in the first quarter of the 20th century. These documents became distributed among several collections: of the British Museum (Aurel Stein collection), the Bibliothèque Nationale de Paris (Paul Pelliot collection) and the Museum of Ethnology in Stockholm (Sven Hedin collection). In the course of ten years of his work on these collections Takeuchi distinguished 58 documents which he identified as the oldest Tibetan contracts. These come from Dunhuang, Mīrān, Mazār Tagh, Old Domako, Khādalik and the Turfan Depression.

Takeuchi's predecessor in this field was F. W. Thomas, the first investigator of Tibetan documents. In 1927 he began to publish in the *Journal of the Royal Asiatic Society* the documents found by A. Stein, making special emphasis on the historical data they contained. He accomplished this work in 1934, publishing about 400 documents in six issues. In 1951 the documents were reprinted in a separate volume (*Tibetan Literary Texts and Documents Concerning Chinese Turkestan*, vol. 2, London). The main fault of this publication was the absence of any facsimile reproductions of the documents, which made it difficult to use them for further investigations. Many important contributions to the study of Tibetan texts were made by A. H. Francke, L. Bacot, M. Lalou, R. A. Stein, L. Petech, H. Sato, A. Macdonald-Spanien, Z. Yamaguchi, C. Beckwith. The most valuable investigations in this field, however, were carried by the late Hungarian scholar G. Uray. His studies made it possible to interpret many toponyms, ethnonyms and technical terms present in Tibetan documents. He published also several brilliant articles on the history of Tibet in the 7th—11th centuries.

Tsuguhito Takeuchi is working now as Uray's successor, following his steps with the same inspiration and creative power. The work done by him is not just a summary of what had been achieved in Old Tibetan studies during the forty years following F.W. Thomas' publication but a significant step forward. Revealing his profound knowledge of the social, ethnic and linguistic environment of Chinese Turkestan and of literary sources in other languages used in this area (Khotanese Saka, Uighur, etc.), Takeuchi described the patterns of Tibetan contracts and analysed the structure of personal names occurring in these texts, which made

it possible to find out what ethnic groups of East Turkestan had been using the Tibetan language and the Tibetan system of writing.

The book by Takeuchi has two parts and an introduction. The five chapters of the first part present the classification of Old Tibetan contracts by their contents. Such groups as "Sale Contracts" (chapter 2), "Loan Contracts" (chapter 3), "Hire Contracts" (chapter 4) are distinguished, specific features, characteristic of each formula are illustrated by examples from the texts of the contracts. Chapter 5 ("Characteristics of the Old Tibetan Contracts and their Social Background") presents a summary of the materials considered above. The second part contains the texts of 58 Tibetan and 2 Chinese documents, their translation into English and commentaries.

In our opinion, the book by Tsuguhito Takeuchi is a good example of how Old Tibetan documents should be published. All necessary components are present: facsimile reproduction of the texts, transliteration, translation, commentaries and investigation. It is well provided with indices, the principal ones being "Syllabic Index" (all the occurrences of the syllables found in the Tibetan contracts, made by computer), "Index of Tibetan Words" and "Phrases and General Index". Besides that, the book includes: table 11 — "Personal Names Found in the Old Tibetan Contracts" (pp. 122—9), where the function of every person mentioned in the contract is indicated, as well as two more tables giving the structure of all personal names and their ethnic origin: table 12 — "Name Types in Old Tibetan Documents" (p. 129) and table 13 — "Chinese Family Names in Tibetan Transcription" (p. 130). These tables clearly demonstrate who took part in the deals — only Tibetans, or both Tibetans and the natives. At the same time Takeuchi is solving the problem, whether similar contracts were in use at that time only in East Turkestan and Hexi, when the land was under the Tibetan control, or in Tibet itself as well.

One more important problem approached by Takeuchi is the origin of contract patterns. In chapter 5 different formulas used in different types of Old Tibetan contracts are considered (pp. 105—6), along with "Types of Seals and Signatures" (table 10, p. 107). Takeuchi compared Tibetan formulas to those used in Old Chinese contracts and proved that some of them had been modeled after Chinese patterns. The Tibetan occupation of Khotan and Dunhuang played an important part in this process: at that very time and from those territories the Chinese formulas were first borrowed by the Tibetans.

The general conclusion made by Takeuchi, is that these particular forms of Tibetan contracts appear only at the time of Tibetan domination in East Turkestan. They were

used both by Tibetans and by non-Tibetans, among them the natives of Khotan, the Chinese and the tribes inhabiting the southern part of Chinese Turkestan, the region of Mīrān. The same process continued in the post-Tibetan period.

Takeuchi suggested new interpretations of a number of economic terms and of Old Tibetan words and expressions. It is important for understanding some later Tibetan texts of the 10th—11th centuries and up to the 12th century, when the Old Tibetan syntax and vocabulary changed significantly under the influence of translations from Sanskrit.

At present the work by Takeuchi remains the most important study of Old Tibetan economic documents. Among its merits, in our opinion, is that Takeuchi managed to produce a vivid reconstruction of the social, economic and ethnic environment of East Turkestan in the 9th—11th centuries. He created a framework to which other facts and names, formerly just isolated pieces of information, can now be added by other scholars. We expect that this work is going to be a textbook for every scholar working on Tibetan documents.

*M. Vorobyeva-Desyatovskaya*

**Zahīr al-Dīn Muḥammad Bābur. *Bābur-nāma* (Waqā'ī'). Critical edition based on four Chaghatay texts with introduction and notes by Eiji Mano. Kyoto: Syokado, 1995, LIX, 610 pp.**

A sensation in turcology. Just recently, in the spring of 1995, a critical edition of the famous *Bābur-nāma* came into being. The publication of the work by Zahīr al-Dīn Bābur of Ferghana, the founder of the Great Moghul dynasty, was made in Kyoto, Japan. Really there are things too incredible to be believed, but none to be impossible. To realise fully the whole significance of this event it is necessary to say some words about *Bābur-nāma* and about its author, the man whose destiny was great and unusual.

The descendant of emir Tīmūr (r. 1370—1405) in the fifth generation, Zahīr al-Dīn Bābur was born in Ferghana on the 14th of February 1483. In 1494, when he was only 11, he succeeded his father as the ruler of Ferghana. At the beginning of the 16th century the Tīmūrids lost their Central Asian possessions, most of them taken by the Shībānīd dynasty claiming its origin from Shībān, one of the grandsons of Chingiz-khān. Bābur led his Turks to Afghanistan and then to India, where he founded one of the most brilliant Muslim states — the Great Moghul Empire (1525—1857).

Bābur's life was not long, only 48 years, but his deeds remained in the memories of many generations for over four hundred years. Bābur was one of the last great political and military leaders of the Muslim world, a brilliant personality most fully representing the intellectual elite of Central Asia, Iran and Afghanistan of that time, comparable to the contemporary intellectual circles of Medieval Europe. He stands at the foundation of at least one important cultural phenomenon. While Arabographic Turkic poetry developed in the 11th century and later, culminating in the poems by 'Alī-Shīr Navā'ī (1441—1501), Bābur laid a foundation for the modern Turkic prose. His "Records" (usually referred to as *Bābur-nāma*), where the author managed to combine a historical narrative with the facts of his biography, deserve to be recognised a masterpiece of Turkic prose and a diamond in the treasury of Muslim culture. *Bābur-nāma* is the only Turkic historical work placed by the older generation of European scholars on the same level as the works of Greek and Roman historians.

The "Records" were already highly estimated and valued by Bābur's contemporaries Khwāndamīr (d. 1539/40) and Mirzā Haydar (d. 1551) who used them in their works. Many later Central Asian, East Turkestan and Indian authors knew and used them as well.

Europe became familiar with Bābur's work in the 17th century. His book was not only read, but studied, translated into European languages and reprinted many times. In 1857 the text of *Bābur-nāma* was published in Kazan by N. I. Ilminsky, who used a manuscript copy made by Prof. G. J. Ker in 1737 (now belonging to the manuscript collection of the St. Petersburg Branch of the Institute of Oriental Studies, call number D 685-I). A facsimile edition of the Hyderabad manuscript (18th century) was published in 1905 in London by A. S. Beveridge. Several editions of the text in modern Uzbek transcription, which appeared in Tashkent in 1948—1949, 1960 and 1989, were basing upon the publications made by Beveridge and Ilminsky. The principal task, however, the publication of the critical text of *Bābur-nāma*, the most important source on the history and historical geography of Central Asia, Afghanistan and India of the last decades of the 15th century and the beginning of the 16th century, was not accomplished.

In the course of the last three years (1993—1995) two new editions of *Bābur-nāma* were produced, both of them could be considered as critical editions. I had no opportunity to see the American edition by W. M. Thackston (*Bāburnāma*, Cambridge, Mass., 1993) basing upon two Turkic and two Persian texts, therefore I shall speak only about the Kyoto edition published by Prof. Eiji Mano in 1995.

Prof. Eiji Mano used two previous editions of *Bābur-nāma* — the Kazan edition of 1857 and the London edition of 1905, and two Turkic manuscripts, one of them in London (British Library, MS. Add. 26. 324), the other in Edinburgh (National Library of Scotland, MS. Adv. 18.3.18), as well as the London manuscript of the Persian translation of *Bābur-nāma* (British Library, MS. Or. 3717). The Hyderabad manuscript of *Bābur-nāma* is accepted as the principal text, all different readings are indicated in foot-notes. The whole text of *Bābur-nāma* typed in Arabic takes 610 pages of this edition. Now, due to Prof. Eiji Mano's efforts, we finally have a reliable critical text of Bābur's "Records".

The Turkic text of *Bābur-nāma* is preceded by a long introduction in Japanese including ten sections and a brief